2026 ATHLETE GUIDE

Boulder Sunset Triathlon, Duathlon, Aquabike, 10k & 5k Run

Saturday, August 29th 2026

Boulder Reservoir, 5565 N 51st St Boulder, CO 80301

Welcome to the Boulder Sunset Triathlon, Duathlon, Aquabike, 10K & 5K Run. We are excited to be producing another top-notch race at the Boulder Reservoir. We have carefully selected and outlined what we think is the most important race information you will need for this event. *Thank you for choosing to race with us!*

Packet Pick Up Information

- You must pick up your own race packet and show photo ID if you are racing multi-sport

What dates and times can I pick up my race packet?

Thursday, August 27
Arvada Triathlon Company
14715 W 64th Ave, Arvada, CO 80004
4:00pm - 6:00pm
Athlete Briefing and Q&A at 5:30

Friday, August 28
Road Runner Sports Westminster
10442 Town Center Dr. Suite 300, Westminster, CO 80021
3:00pm - 7:00pm

Saturday, August 29
Boulder Reservoir Parking Lot Finish Line / Timing
5:30am-7:20am

- There is a $10 race day pick-up fee for triathlon, aquabike and duathlon participants
- There is no race day pick-up fee for the 10k and 5k run
- **Expect to wait!** Arrive at least one hour prior to race start, if you are picking up your packet on race day
- **There will be no race morning registration**

Race Day Parking- The Boulder Reservoir park entry fee will be waived until 7:15am for everyone, however anyone who arrives after 7:15am should be prepared to pay the regular park entrance fee. Athletes and spectators will follow parking attendants in the morning to the Reservoir's north or south overflow lots.

Water Temp & Expected Weather Forecast – Saturday is expected to be partly cloudy and reach 80°F by midday. Boulder Reservoir's current water temperature is 77.1°F (as of Monday, August 24th).

USAT Wetsuit Rule - USAT rules state that competitors may wear wetsuits if the water temperature is 78 degrees or lower. USAT rules also state that if the water temperature is between 78.1 – 83.9 degrees, competitors may wear wetsuits but will not be eligible for awards. The official water temperature will be taken one hour prior to the first start on race morning. Morning announcements will be made over the loudspeakers if the water temp is above 78. Please be prepared for both scenarios.

Transition - Only participants will be allowed in transition. If you would like to see your family and friends, make sure they are on the other side of the barricades. This is for the safety of spectators and athletes!

Body Marking - Please be sure to get marked up by a volunteer at the entrances of transition on Saturday

Bike Racks - We will assign these based-on bib number (which is based on distance & division). If you happen to set up in the wrong area, you will be asked to move. Each athlete is allotted 2.5 feet width.

Course Description & Online Maps - Directional signs, volunteers and staff will be positioned to guide you through the course. However, please remember that per USAT rules, **IT IS YOUR RESPONSIBILITY TO KNOW THE COURSE** before beginning your race. Maps are available online: **www.bbscendurance.com/bouldersunset/**

RACE DAY SCHEDULE OF EVENTS

Race Day Packet Pick Up	Timing Trailer	5:30a – 8:00a
Transition Opens / Body Marking	Parking Lot	6:00a
Bike Mechanic Support	Transition	6:00a
Triathlon Starts	**Beach**	**7:15a - 7:53a**
Aquabike Start	**Beach**	**7:15a**
Duathlon / 10K & 5K Start	**SE Corner Parking Lot**	**7:20a**
Swim Course Closed	Beach	8:45a
Post-Race Snack	Tent by Stage Trailer	8:45a – 12:00p
5K & 10K Overall Awards	Stage Trailer	9:00a
Sprint Tri & Duathlon Awards	Stage Trailer	9:45a
Bike Course Closed	Bike Out / Transition	10:30a
Olympic Tri & Aquabike Awards	Stage Trailer	10:30a
Run Course Closed	Finish Line	12:00p

SWIM START SCHEDULE

Olympic Open & Collegiate & Aquabike & Relays	7:15a
Olympic Men	7:18a
OlympicWomens	7:26a
Sprint Open & Collegiate & High School& Relays	7:35a
Sprint Men	7:38a
Sprint Women	7:46a
Sprint Beginners	7:52a

Swim – The swim start will be a rolling start this year with swimmer entering the water 3 at a time leaving every 5seconds. Your time will start wen you enter the water. The Boulder Reservoir will provide safety boats, jet skis, kayaks, volunteers, certified lifeguards & directional buoys for your safety and guidance during the swim. You can rest on a kayak to catch your breath, as long as the kayaker does not help you with forward propulsion. In case of emergency during the swim, please wave your swim cap in the air and a boat will come pull you out of the water and bring you back to shore. We will have distinctive colored caps available for those who are concerned about the swim. Whether it's your first tri or you are not comfortable in open water just yet. Our water safety team will keep a close eye on all athletes wearing these caps, so request yours from our Race Director at packet pick up.

Bike - What will be at the bike aid stations? Gatorade and water. There will be 1 aid station on the Olympic Course. Please view our online maps for their exact locations. ***Remember that all roads are open to traffic. You are required to stay on the shoulder unless passing. Be mindful of vehicles and other cyclists when passing!***

Bike Support – It is always a good idea to be prepared to do your own bike maintenance on the bike course, as our bike course vehicle may be engaged elsewhere and could take some time making their way to you.

Drop Zones - These will begin and end at the boundaries of the pull-out where each aid station is located. Please be sure to discard bottles & nutrition packets within these target areas. Let's keep Boulder clean together! Do not litter on the course.

Run Course - Gatorade and water will be at run aid stations, approximately every mile.

Duathlon & 5k/10k Run Start - The start line for the 5K, 10K and Duathlon will be in the SE corner of the parking lot, next to the finish line at 7:20am.

Zero Waste – This is a Zero Waste event. Please look for the stations where you will separate your leftover materials into compostable and recyclables. No glass bottles are allowed at the Boulder Reservoir.

No Pets – Boulder Reservoir does **not allow dogs** during this time of year. Please leave your pets at home!

Shirt Swap - We want you to love your race shirt! At Packet pick up you will receive the size you requested when you registered, but if you find that a different size might work better, please stop by the Timing Trailer after you race to see if there are extras available.

Timing & Results - Chips must be worn around your ankle during the entire race. Do not exchange timing chips with another athlete; your timing chip is unique to you. If you drop out of the race at any point, return your chip to the race staff or at the Timing Trailer.

Lost Timing Chips - If you lose your chip between Packet Pick Up and race morning, please go to the race day packet pick up for a replacement. If you lose your chip on the course, notify the timer immediately after crossing the finish line. NO CHIP = NO TIME. Should you forget to return your timing chip for any reason, please email info@bbsctri.com for return instructions. There is a $20 replacement fee for unreturned timing chips.

Results - Results will be posted on the Timing Trailer and will be updated throughout the day. Splits and official results will be available immediately after you finish at www.bbscendurance.com/bouldersunset/ and click *My Race Results*.

FinisherPix – Finisher Pix will be the official race day photographer of this race. You can purchase your official race photos at: www.finisherpix.com

Medical - Medical Support will be located near the finish line and on the bike course. **On-Course Medical Assistance** - If you need medical assistance while on the course, look for support vehicles, aid station volunteers or tell another athlete and they will call it out to us as they pass by. All aid stations will be equipped with two-way radios for direct communication to medical support.

Hydration – Avoid a visit to the medics! The best strategy for endurance athletes is to maintain focus on staying fully hydrated beginning one week before race day, but good hydration is especially critical for two or three days prior to the race. Please consider hydration as a key to having your best race and avoiding a visit with the medics!

Lost and Found - Return or check for lost equipment at the Timing Trailer, located near the finish line. Should you return home with gear that is not yours, or that you are missing, email info@bbsctri.com. All lost items will be kept for a period of 2 weeks before donating to charity, and payment of postage will be required prior to its return.

USAT Rules

Age Group Calculation - An athlete's age is determined based on their age as of December 31st for all USAT Sanctioned events. Please take into consideration how old you will be after you've had your birthday this year, then be sure to check the correct age group for your results.

Participant Identification Number - Your bib and body marking will identify you during the race. Race numbers and body marking is required and must be worn and visible always, to avoid USAT penalty.

Sanitation - Athletes should not relieve themselves along the course other than in one of the portable units provided. Not only is it illegal to do so, but it is a violation of USAT rule, indecent exposure. It is suggested that you make yourself aware of all USAT Rules and Guidelines before arriving on race day.
https://www.usatriathlon.org/multisport/rules

BBSC Rules & Policies - As noted in the application waiver that you signed during registration, bibs are non-transferable and cannot be transferred from one person to another. Your bib provides BBSC Endurance Sports with very important identifying information for the purposes of our emergency medical program as well as timing. Transferring the bib would compromise these processes severely. We appreciate your cooperation with honoring this important guideline. Violation of this rule may prohibit you from participation in future events and disqualify you from awards. Thank you for your understanding.

Inclement Weather - The Race Director and/or Park Management reserve the right to reschedule, modify or cancel any or all portions of this event if weather conditions or anything else compromises athlete safety or makes the originally planned event unsafe or impossible. There will be no refunds for rescheduled, modified or canceled events.

Awards - The Top 3 Overall Men and Women will be awarded in all races. Age Group and Division Awards will be awarded in the Sprint & Olympic Triathlon, Duathlon and Aquabike. There will only be Top 3 Overall Awards for Men and Women in the 5k and 10k. Results will be posted and updated at the Timing Trailer throughout the day. All finish times will be calculated using the appropriate gun time so be sure to start with your correct wave. We will no longer be shipping awards, so please stick around if you place top 3 in your age group so you can collect your award after the race.

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