RAGE TRIATHLON

Swim Course · Boulder Beach, Lake Mead

OLYMPIC & AQUABIKE
.93 mi · 1500 m

SPRINT
.47 mi · 750 m

Olympic & Aquabike Route · Sprint Route · Buoy (Olympic) · Buoy (Sprint)

The swim will take place off the south boat ramp at Boulder Beach, Lake Mead National Recreation Area. The start will be a Wave start format and each wave will be 5 minutes apart. There will be many kayaks, lifeguards, and boats in the water to ensure your safety.