

**Sprint, Duathlon & 5k Course:
3.2 mi - Out & Back**

**Olympic & 10k Course:
6.2 mi - Out & Back**

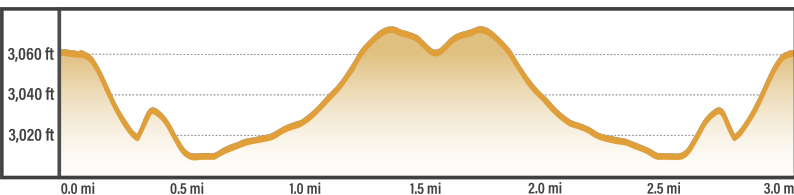


**SAND HOLLOW RUN
SPRINT, DUATHLON & 5K**

ELEVATION GAIN
157 ft

ELEVATION LOSS
157 ft

SURFACE TYPE



**SAND HOLLOW RUN
OLYMPIC & 10K**

ELEVATION GAIN
175 ft

ELEVATION LOSS
157 ft

SURFACE TYPE

